

## **DIEP Outline for Writing Reflective Journals**

### **D – Describe objectively what occurred**

Give the details of what occurred.

Answer the question: What did I do, read, observe, hear?

### **I – Interpret the events**

Explain your learning: new insights, connections with other learning, your feelings, hypotheses, conclusions.

Answer the questions: What was the purpose of this activity? What does it mean for the organization, its customers/clients/employees? What is the connection with what I have learned?'

### **E – Evaluate what you learned**

Make judgments connected to observations you have made.

Answer the questions: How was this useful? What is my opinion about this experience? What is the value of this experience? Why do I think this?

### **P – Plan how this learning will be applied**

Comment on its relevance to your course, program, future career and/or life.

Answer the question: How might this learning apply in my future?