

IMPORTANT DATES

UB Reunions

Oct. 11 & 12

Nov. 8

Dec. 6

ACT Test Dates

Oct. 25

Dec. 13

• Ho'oponopono

A native Hawaiian tradition emphasizes forgiveness to resolve conflicts. The practice, now widely used by businesses and other groups in the state, is based on the belief that we carry inside us all the significant people in our lives. Through visualization, conversation and forgiveness, Ho'oponopono enables us to make things "right" with those people.

If you want more information, go to www.huna.com/ho-oponopono.html.

UB/WI Annual Overnight!

Pack your bags for the annual road trip October 11 & 12. Pack your swim suit for free time at the hotel and casual clothes will do for the dinner show. We will be crossing over into Indiana (barely) and arriving early Saturday afternoon. We should have plenty of time to swim and just hang out in the game room. The Woodson students will already be at the hotel waiting for us to start the fun! That evening around 6pm we will leave for a fabulous dinner and show at the Derby Dinner Theatre. We have been there before and the food is always good and the show is always well done.

Be sure to get your permission slip that came in your mail back to us. It's important we have an accurate count and your parents permission is required for you to go with us. DON'T MISS OUT ON THE FUN!!

Women and minorities still earn less

Educational gaps between genders and races have narrowed in recent years, but highly educated White men still make more money than anyone else.

On average in 2001, women who worked full time earned about 76 cents for every \$1 a man earned. African American women earned 69 cents on the dollar compared to Caucasian males, while Hispanic women earned only 56 cents on the dollar, according to Census Bureau estimates released in March 2003.

LET'S CROW A-LITTLE!!

Derek-I have a 4.25 GPA

Maxine-Our football team won a game

Doug-Our FB team won! First one I have seen!

Chris Godby-I'm Back!

Chris R.-I am taking a college class at SCC—it's free and a college credit.

Farooq-It's good to be back!

David_It's good to see some of my friends again.

Susanna-I am Sr. class Secretary, voted Most Cooperative by my class and have an A in both my college classes (World Civ and Algebra).

Lauren-I'm in FFA

Phillip-I'm getting a raise at work

Kristin-I am taking college Algebra thru Cumberland College and made 92 on our first test!

Becky M.-I'm doing college classes and everything seems to be falling into place.

Curtis-I am the Senior Class President and will hopefully make All-Festival and All-state.

Andrew M-By the third football game I started varsity offense and defense. We are 3-2.

Travis-My birthday is in Oct.

Brandi-I'm 17 and got my license.

Ashley-I still haven't wrecked!

UB/WI Gets New Counselor

Hello, my name is Rodney Porter and I am the new TRIO Counselor at Berea College. I am a graduate of Eastern Kentucky University and have a background in Psychology, Health, Recreation and Counseling. I have previously worked as a College Instructor and Youth Counselor. For fun I like outdoor activities with my wife and friends, such as hiking, camping, spelunking, biking and rock climbing. I am very excited to be working with the Upward Bound and Woodson Institute, and look forward to meeting everyone soon.

ARE WE READING BETWEEN THE LETTERS?

This is kind of interesting little bit of research. See if you can read the following:

Aoccdrnig to rscheearch at Cmabrigde Uinervtisy, it deosn't mtttaer in waht oredr the ltteers in a wrod are, the olny iprmoetnt tihng is taht the frist and lsat ltteer be at the rghit pclae. The rset can be a total mses and you

can sifll raed it wouthit porbelm. Tihs is bcuseae the huamn mnid deos not raed ervey lfeter by istlef, but the wrod as a wlohe.

Amzanig huh?

WEATHER WEATHER HERE IT COMES

Just a reminder about the bad weather we tend to encounter occasionally in KY. If school is dismissed the Friday before a Reunion because of bad weather-the Reunion will be canceled for that Saturday and rescheduled for the following Saturday (providing it is not the last Saturday of the month in which case the Reunion will be cancelled for that month. If school is cancelled on a day you have an E-session-the E-session will be cancelled as well. It will be up to your FT or TC to pick a day to reschedule. If you have any doubts or questions please call the UB office toll-free—

1-877-987-9273