

**2010-2011 HEALTH STUDIES MINOR**  
(Minimum of five course credits, plus PEH 100)

**Must earn a “C” or higher in each minor, prerequisite, and collateral course**

A Health Studies minor provides students who are pursuing a liberal-arts education with an opportunity to engage in a process of understanding how the health and wellness of an individual can support their capacity to succeed in any chosen field and can complement the knowledge attained from their major.

**Requirements**

The following two Core Courses:

HLT 215: <i>Significant Issues in Health</i>	_____	1
CFS 221: <i>Fundamentals of Nutrition</i>	_____	1

**AND**

Two (2) course credits chosen from the following Distribution Courses:

HLT 111: <i>Human Sexuality</i>	_____	1
HLT 210: <i>Health in Appalachia</i> (also APS)	_____	1
HLT 224: <i>Addiction and Violence in the Family</i>	_____	1
HLT 236: <i>Women and Health</i> (also WST)	_____	1
HLT 315: <i>Health Education and Promotion</i>	_____	1
PSY 215: <i>Health Psychology</i>	_____	1

**AND**

One (1) additional full-credit HLT course chosen from the list above or another HLT course approved by the department to meet this requirement (i.e., a summer travel course or a health-related internship); selection of this course must be approved by the Health Teaching minor advisor:

HLT _____: _____	_____	1
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**Admission to the Minor**—An interview with members of the Health faculty in the Department, as well as a departmental recommendation, are required for admission to the Health minor.

**Proficiency Requirements for Retention in and Completion of the Minor**—A grade of C (2.0 GPA) or higher in each required Health Studies minor course, as well as in each prerequisite and collateral course, is required for continuation in the minor. Students not receiving a grade of C or higher may repeat that particular course to raise the grade while remaining in the minor program. In addition to the course GPA requirement above, certification in first aid, including adult, child, and infant cardio-pulmonary resuscitation (CPR) with Automated External Defibrillator (AED) must be completed by the first term of the senior year. May be met by taking HLT 109 or through successful completion of an outside course with certification.

**Additional considerations for the Health Studies Minor**—Designated Summer One or Summer Two courses may be used for the Health Studies Minor.

**NOTE:** PEH 221 and 222 (formerly PEH 120 and 220) do not count toward the Health Minor.