

**B.A. in PHYSICAL EDUCATION:  
EXERCISE SCIENCE and SPORTS MEDICINE CONCENTRATIONS**

**Discontinued Spring 2009—See PHYSICAL EDUCATION Curriculum Guide (rev. Spring 2009)**

**NOTE:** This guide is subject to change and represents actions approved by Faculty through May 2008, for the academic year 2008-2009. Please refer often to the 2008-2009 Online Catalog, which will be updated with the most current information.

**GENERAL EDUCATION PROGRAM**

Continue to watch the Online Catalog ([www.berea.edu/catalog](http://www.berea.edu/catalog)) for courses approved to satisfy Gen. Education requirements.

Core Courses	<u>Term</u>	<u>Credit</u>
MAT 010: Prealgebra <sup>a</sup>	_____	NC
MAT 011: Elementary Algebra I <sup>a</sup>	_____	NC
MAT 012: Elementary Algebra II <sup>a</sup>	_____	NC
GSTR 110: Writing Sem. I: Critical Thinking in the Liberal Arts	_____	1
GSTR 210: Writing Sem. II: Identity and Diversity in the United States	_____	1
GSTR 310: Understandings of Christianity	_____	1
GSTR 332: Scientific Knowledge & Inquiry	_____	1
GSTR 410: Sr. Sem. in Cont. Global Issues	_____	1

**Lifetime Health & Fitness: PEH 100 & Phys. Activity**

PEH 100: Introduction to Lifetime Wellness	_____	.50
<i>(if swimming proficiency test not passed, one of next two courses must be PED 200)</i>		
PED 2____:	_____	.25
PED 2____:	_____	.25

**Practical Reasoning Across the Curriculum (PR & PRQ)**

Two courses—at least one firmly grounded in math or statistics (PRQ); the other can be an approved practical reasoning (PR) course or another PRQ course.

_____:	_____	1
_____:	_____	1

**Perspectives—Six Areas Required**

Students will satisfy each of the six Perspective areas by taking or waiving a course, or through an approved experience. Individual courses may be approved to satisfy more than one Perspective, but no single course may satisfy more than two Perspective areas.

1. Arts \_\_\_\_\_
2. Social Science \_\_\_\_\_
3. Western History \_\_\_\_\_
4. Religion \_\_\_\_\_
5. Afr. Amer., Appal., Women's \_\_\_\_\_
6. International (two courses either in area 6A or area 6B):
  - A) Same Non-English Language \_\_\_\_\_
  - Same Non-English Language \_\_\_\_\_
  - (one course may be waived by placement exam)

**OR**

- B) World Culture (Non-western) \_\_\_\_\_
- World Culture (Western/non-western) \_\_\_\_\_

**Active Learning Experience (ALE)**

An approved experience, taken for credit or as noncredit.

_____:	_____	_____
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**Writing Competency Requirement**

Students may satisfy this requirement by passing the Writing Competency Examination administered in Fall and Spring, or by successfully completing GST 150: College Composition or ENG 104: Advanced ESL.

_____:	_____	_____
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<sup>a</sup>May be waived on basis of test scores.

**MAJOR COURSES**

**Minimum of 9.5 credits. Must earn C or higher in major requirements, including prerequisites and collaterals.**

Core Courses	<u>Term</u>	<u>Credit</u>
PED 131: Scope of Human Movement <sup>b</sup>	_____	1
PED 280: Adapted Physical Education	_____	1
PED 343: Exercise Physiology	_____	1
PED 353: Kinesiology & Biomech.	_____	1
PED 364: Motor Lrng. and Sport Psych.	_____	1
PED 444: Exer. Assess. & Prescription <sup>c</sup>	_____	1

**Capstone Course**

PED 492: Seminar in Physical Education	_____	.5
<i>(Taken in junior or senior year; see College Catalog.)</i>		

**Distribution Courses (Required; count inside the major)**

<b>One course chosen from:</b> PED 245, 250, or 251		
PED _____:	_____	1

**One other full- credit activity course,** chosen from these three options:

1) PED 246: Individual and Team Sports I	_____	1
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**OR**

2) PED 247: Individual and Team Sports II	_____	1
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**OR**

- 3) **Four adviser-approved PED 200-level courses**  
(PED 220 and PED 221 are highly recommended.)

PED 2____:	_____	.25
PED 2____:	_____	.25
PED 2____:	_____	.25
PED 2____:	_____	.25

**Collateral Courses (Required; count outside the major)**

BIO 101: Human Anat. & Phys. I <sup>b,d</sup>	_____	1
BIO 102: Human Anat. & Phys. II	_____	1
CFS 221: Fundamentals of Nutrition	_____	1
HLT 109: Comprehensive First Aid <sup>c</sup>	_____	1

**In addition to the above Core, Distribution, and Collateral courses, majors will choose between two concentrations. See back for those requirements.**

**Admission Requirement:** An interview with faculty members of the department and departmental recommendation are required for admission to the major. Students interested in this major should contact the department as soon as possible in his/her college career to explore areas of concentration.

**Labor Requirement:** Students in this major are expected to hold a Labor position for at least one regular term within the Physical Education Department, Seabury Center, or intramurals.

<sup>b</sup>Should be completed by the end of the first year to make steady progress toward graduation within eight terms. Physical Education courses are taught in alternating years, so it is important to begin sequencing as early as possible.

<sup>c</sup>PED 444 was formerly PED 344; HLT 109 was HLT 209.

<sup>d</sup>BIO 101 is a prerequisite for PED courses in the Science Core.

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