

**BEREA COLLEGE**  
**2008 – 2009 CURRICULUM GUIDE (revised 7/16/09)**

**B.A. in PHYSICAL EDUCATION**

**NOTE:** By Faculty Action in Spring 2009, the **Physical Education: Wellness/Health Promotion Concentrations** and **Physical Education: Exercise Science and Sports Medicine Concentrations** majors were discontinued and replaced with Physical Education. This guide has been revised for majors using the new curriculum.

**GENERAL EDUCATION PROGRAM**

Continue to watch the Online Catalog ([www.berea.edu/catalog](http://www.berea.edu/catalog)) for courses approved to satisfy Gen. Education requirements.

**Core Courses**

	<u>Term</u>	<u>Credit</u>
MAT 010: Prealgebra <sup>a</sup>	_____	NC
MAT 011: Elementary Algebra I <sup>a</sup>	_____	NC
MAT 012: Elementary Algebra II <sup>a</sup>	_____	NC
GSTR 110: Writing Sem. I: Critical Thinking in the Liberal Arts	_____	1
GSTR 210: Writing Sem. II: Identity and Diversity in the United States	_____	1
GSTR 310: Understandings of Christianity	_____	1
GSTR 332: Scientific Knowledge & Inquiry	_____	1
GSTR 410: Sr. Sem. in Cont. Global Issues	_____	1

**Lifetime Health & Fitness: PEH 100 & Phys. Activity**

PEH 100: Introduction to Lifetime Wellness	_____	.50
<i>(if swimming proficiency test not passed, one of next two courses must be PED 200)</i>		
PED 2____: _____	_____	.25
PED 2____: _____	_____	.25

**Practical Reasoning Across the Curriculum (PR & PRQ)**

Two courses—at least one firmly grounded in math or statistics (PRQ); the other can be an approved practical reasoning (PR) course or another PRQ course.

_____	_____	1
_____	_____	1

**Perspectives—Six Areas Required**

Students will satisfy each of the six Perspective areas by taking or waiving a course, or through an approved experience. Individual courses may be approved to satisfy more than one Perspective, but no single course may satisfy more than two Perspective areas.

1. Arts \_\_\_\_\_
2. Social Science \_\_\_\_\_
3. Western History \_\_\_\_\_
4. Religion \_\_\_\_\_
5. Afr. Amer., Appal., Women's \_\_\_\_\_
6. International (two courses either in area 6A or area 6B):
  - A) Same Non-English Language \_\_\_\_\_
  - Same Non-English Language \_\_\_\_\_
  - (one course may be waived by placement exam)

**OR**

- B) World Culture (Non-western) \_\_\_\_\_
- World Culture (Western/non-western) \_\_\_\_\_

**Active Learning Experience (ALE)**

An approved experience, taken for credit or as noncredit.

_____	_____	_____
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**Writing Competency Requirement**

Students may satisfy this requirement by passing the Writing Competency Examination administered in Fall and Spring, or by successfully completing GST 150: College Composition or ENG 104: Advanced ESL.

_____	_____	_____
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<sup>a</sup>May be waived on basis of test scores.

**Labor Requirement:** Students in this major are expected to hold a Labor position for at least one regular term within the Physical Education Department, Seabury Center, or intramurals.

**MAJOR COURSES**

**Minimum of 8 credits in major, plus 2 collateral courses. Must earn C or higher in major requirements, including prerequisites and collaterals.**

**Core Courses**

	<u>Term</u>	<u>Credit</u>
PED 125: Foundations of Physical Educ. (or PED 131: Scope / Hum. Vol. Move.)	_____	1
PED 315: Motor Behavior Across Lifespan (or PED 364: Motor Lrng. & Sport Psych)	_____	1
PED 335: Integ. Biomech. & Exer. Phys. I <sup>b</sup>	_____	1
PED 340: Integ. Biomech. & Exer. Phys. II <sup>b</sup>	_____	1

**Capstone Course**

PED 492: Seminar in Physical Education	_____	1*
<i>(Junior standing preferred; see College Catalog.</i>		
<i>*This course was .5 credit through Spring 2009)</i>		

**Distribution Courses (Required; count inside the major)**

Two 1-credit PED courses chosen from: PED 245, 246, 247, 250, or 251		
PED _____	_____	1
PED _____	_____	1

**OR**

One 1-credit PED course chosen in consultation with the adviser in the PED Department, selected from:

PED 245, 246, 247, 250, or 251		
PED _____	_____	1

**AND** four .25-credit 200-level PED courses

PED _____	_____	.25
PED _____	_____	.25
PED _____	_____	.25
PED _____	_____	.25

**One Additional PED Course (counts inside the major)**

Choose one additional PED course in consultation with the adviser in the Physical Education Department

PED _____	_____	1
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**Collateral Courses (Required; count outside the major)**

BIO 101: Human Anatomy & Phys. I <sup>c,d</sup>	_____	1
HLT 215: Significant Iss. in Pers. Health	_____	1

<sup>b</sup>Please see Physical Education Department Chair for substitutions from old curriculum.

<sup>c</sup>Should be completed by the end of the first year to make steady progress toward graduation within eight terms. Physical Education courses are taught in alternating years, so it is important to begin sequencing as early as possible.

<sup>d</sup>BIO 101 is a prerequisite for PED courses in Science Core.

**Admission Requirement:** An interview with faculty members of the department and departmental recommendation are required for admission to the major. Students interested in this major should contact the department as early as possible in their college career to explore areas of concentration.

**Proficiency Requirement:** Certification in First Aid/CPR. Must be completed by first term of Senior Year. May be met by taking HLT 109: Comprehensive First Aid.

(continued on next page)

