

Regional Boomer and Senior Games Track & Field Event Schedule

Field Events to Begin at 9 am (no finals - 4 throws)

Long Jump

Triple Jump (immediately after long jump)

Shot Put

Discus (immediately after shot put)

Javelin

High Jump

Running Events to begin at 10 am (timed finals- rolling schedule)

1500 meters

400 meters

100 meters

800 meters

200 meters