

Both races begin in Seabury Center Parking Lot

10 K Race

1. Make a left out of Seabury Center parking lot
2. Follow the purple route (Walnut Meadow Pike/Road); *there is a bike trail on this route – left hand side of the highway*
3. Turn right onto Menelaus Road (before railroad tracks)
4. Following purple route, turn left onto red route (Mayde Road)
5. Follow red route until it joins purple route (Walnut Meadow Pike/Road)
6. Continue to follow purple route (Walnut Meadow Pike/Road) finishing at Seabury Center parking lot

20K Race

1. Make a left out of Seabury Center parking lot
2. Follow the purple route (Walnut Meadow Pike/Road) to the red route (Mayde Road); *there is a bike path on this route – left hand side of the highway*
3. Follow the red route to join the purple route (Menelaus Road) and make a left
4. Follow Menelaus Road (purple route) until stop sign and make a left onto White Station Road (1.5 miles from Mayde Road)
5. Riding over the Interstate, turn left onto KY-2877/Ballard Road (purple route) (.7 miles from Menelaus Road)
6. Turn left onto Madison Airport Road (purple route) (1.2 miles from White Station Road)

7. Follow Madison Airport Road (purple route) to Peggy Flats Road, making a left onto this road (there is no sign for this road, but Airport Road ends with a stop sign – 1.3 miles from KY-2877/Ballard Road; you will be on Peggy Flats Road for 3.3 miles)
8. Turn left onto Walnut Meadow Pike/Road (purple route)
9. Continue to follow purple route (Walnut Meadow Pike/Road) back to finish in the Seabury Center parking lot